

YOU MATTER

Come Explore with Us!



Fall 2017 Newsletter

www.wildroseunited.ca

Wonderful Wellness Wednesdays

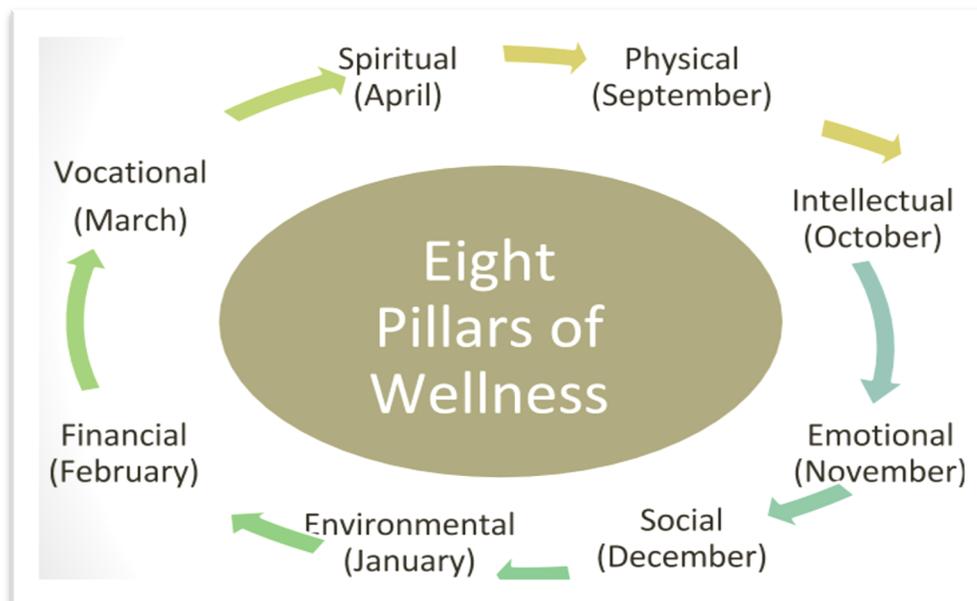
Join us to explore the 8 Pillars of Wellness, beginning on September 13

- Day Break Meditations 7:00 -8:00 am (Hillhurst United Church)
- After Day Break Discussion 8:00-9:00 am (Hillhurst United Church)
- Guided Meditation 11:30-12:00 pm (Wild Rose United Church)
- Holy Sacrament 12:01- 2:20 pm (Wild Rose United Church)
- Community Lunch 12:30 -1:15 pm (Wild Rose United Church)
- Mindful Walking 1:16-2:00 pm (Wild Rose United Church)
- Wellness Discussion 2:00-3:30 pm (Wild Rose United Church)
- Awakening Series 7:00- 9:00 pm 1st and 3rd Wednesdays of the month. (Wild Rose United Church)
Starting September 20.

Everyone is invited to join all or some of the activities.

8 Pillars of Wellness Learning Themes for the year are:

- September - Physical Wellness
- October - Intellectual Wellness
- November - Emotional Wellness
- December - Social Wellness
- January - Environmental Wellness
- February - Financial Wellness
- March - Vocational Wellness
- April - Spiritual Wellness



Our first Awakenings series, on September 20, 7 - 9 pm, is a panel of wellness practitioners. Physical Awakening speakers include: Primary Care Network, Chiropractic Medicine, Massage Therapist Feldenkrais Method / Cranial Sacral Therapy, Music Therapy, Yoga therapy, Chi Gong, Acupuncture, Healing Pathways, and Reiki.

Bible Study every Tuesday at 1:00 pm starts on September 12
Eileen Hartman will lead the sessions this fall, focusing on the Book of Daniel.

Outreach Committee Update:

Crescent Heights High School

Each year we hear from the staff at Crescent Heights High School that our giving makes a big difference in the lives of some of their students. Students who fall outside the guidelines because they are between homes or homeless are grateful for the bus tickets and bus passes we manage to give. Every month a dedicated group from Wild Rose makes breakfast bags that the students can pick up from the office. There always is a need for those expensive scientific calculators. School is in again and help is needed.

Clearly mark your donation (cash, cheque or bus tickets) for Crescent Heights High School and put it in the offering plate or drop it at the office.

Our Refugee Family

Our refugee family from Syria has been in Calgary for 9 months now and are finding their way, learning the language, going to school and making friends. In December they expect a baby. Along with Prairie Sky Co-housing group we have helped them settle, organized health and dental care, given additional help with language and introduced them to our city and the area. In doing so, our lives have been enriched.

Clothing Drive

Over the summer we supported Stanley Jones Elementary School as a drop-off point for a clothing drive. We will be talking with them in the fall about projects we could work on together.



The Pastoral Care Committee is looking for new members. The Pastoral Care Committee duties includes encouraging all members of the Church to offer pastoral care as it arises naturally through relationships and personal encounters on a daily and often informal basis.

The committee meets monthly to talk about issues concerning the pastoral care of our congregation. The committee sees pastoral care as a way of keeping people in touch with the worshipping community; those who attend worship regularly and those who are unable to be with us on Sundays. The committee provides workshops and discussions to help people make informed choices in their lives. If you feel called to serve on the pastoral care committee please contact geoffrey@wildroseunited.ca

Finance Committee Update:

	Actual	Budget	Last Year
Operations			
Revenues	219,042	233,619	209,594
Expenses	253,930	267,254	235,178
Deficit	34,888	33,635	25,584
Restricted Funds			
Income	14,935		
Expended	57,817		
Total Cash Flow Shortage			\$ 77,770



The Zone Update

New Zone Leader: Hello everyone; my name is Caryn Salageanu. Many of you may already know me as I have had the pleasure of working in the Zone as a helper for three years now. Some people may know me best as being Ryan and Gracelyn's mom. I have been attending Wild Rose United Church for about 10 years now, and been a member for almost as long. Both myself and the kids were baptized at Wild Rose United Church and are proud to be part of this amazing church family!

On September 10th I will be taking on the position of being the Zone leader. I am excited to partner with the children and their families at Wild Rose United Church as we explore God's word through the Spark Curriculum. This year we will be studying several stories from Creation unto the birth of Jesus. Lessons will be a combination of Art, Music and Science to help engage the kids in the telling of these well loved Bible stories! Judith is also back as part of the leadership team in the Zone. Together we look forward to helping kids grow in God's love during our year together in the zone! All Children ages 4-12 (Grade 6) are welcome.

The Ministry and Personnel and Congregational Life Committee are currently looking for a new youth worker; the congregation will be updated shortly. We are also looking for a new Children's Worker to work 5 hours a week. The Children's Worker will help Caryn plan lessons, work three Sundays a month in the Zone and other special events. If interested please email MandP@wildroseunited.ca

Board Chair Update

Namaste friends,

Traditionally, summers are not a time of hustle and bustle for our church community but this year it has been quite the opposite. We have been busily working on new and exciting ministries and projects. As many of you already know, one of our new ministries focuses on wellness. What does that mean for us as a congregation? Well, we are given the opportunity to have access to health resources. As a spiritual community we are in constant contact with people who need education about and support with wellness issues, both physically and spiritually. Our church is becoming a hub for constant contact with health care professionals for education and support combining health and faith communities. We are blessed to be on this journey to health and wholeness in the ongoing wellness ministries.

Another exciting project, Right Relations, explores our relationship with First Nation communities, culture and history. I recently went to the Saamis Teepee in Medicine Hat and was struck by its beauty and universal message that resonated through the aboriginal art: the ideals of equality, tolerance and understanding of a rich cultural heritage. The work of our Right Relations group, through our congregation, will bring awareness, discovery and education into action.

These are only two of the many projects and ministries that we are involved in at Wild Rose United Church. They exemplify who we are and how we put into action our pillars of: Social Justice, Radical Welcoming, and Progressive Theology. I believe that these and other projects we are actively involved in are examples of how we walk in the footsteps of Christ. Please consider this invitation to have a seat at the table and share the gifts of your talents and time by participating in one of the projects or ministries of our spiritual community.

Many Blessings,

Dora DiLullo-Patten



From Geoffrey's Desk, Fall 2017

Summer provided some time for R&R, and also allowed us to plan for new programs and initiatives this fall. We integrated new staff and prepared to welcome two students (please see separate article). In light of all that's changing around here, I see my role as providing a familiar presence both to congregation and to newcomers. I will be participating actively in the Wonderful Wellness Wednesday programs (and have had a hand in planning them); I will be supervising the two students and working closely with my two new colleagues, Barbara Grant and Wayne Lewry. If all these changes leave you a little breathless, I quite understand. My hope is that these changes will better equip the congregation both to put itself on a more sure financial footing, and also to ensure that we can continue to provide meaningful worship services and social justice initiatives well into the future. Should you have any questions about recent developments at the church, or long-term plans, please give me a call or talk to me after church. I am happy to sit down with anyone who has questions.

When we look ahead, may it be with faith in our hearts, and confidence about what lies ahead. There are no fewer than 24 mentions of the word "peace" in Isaiah. Here's one of the most beautiful passages, combined with a Genesis mural that I photographed this winter in Charlotte-Amalie, the capital city of the U.S. Virgin Islands. This is part of Isaiah's 55th chapter 55:1 and 12), in the Contemporary English Version (CEV); I am including this to remind us of the promises that God will be faithful, and will bring us to peaceful ways. There is much to celebrate, and much to awaken awe and happiness in us:



Genesis mural, Charlotte-Amalie, U.S. Virgin Islands. Photo: Geoffrey, 2017

If you are thirsty,
come and drink water!
If you don't have any money,
come, eat what you want!
Drink wine and milk
without paying a cent. [...]

When you are set free,
you will celebrate
and travel home in peace.
Mountains and hills will sing
as you pass by,
and trees will clap.

As we adventure together, may we always remember the promises of beauty and deep peace that undergird our faith.

The Good Food Box

The good Food Box makes top-quality, fresh food available in a way that does not stigmatize people, fosters community development, and promotes healthy eating.

What is the Good Food Box?

The Good Food Box (GFB) is a program under the Community Kitchen Program of Calgary whereby you can purchase fresh fruits and vegetables at a very low cost. The Good Food Box is a hands-up program as opposed to hands-out. It offer all Calgarians sustainable access to nutritious food to ensure that no one has to go hungry. The boxes are put together and delivered by dedicated volunteers who, along with The Community Kitchen, desire to see individuals and families accessing affordable nutritious food.

Large Family Box **\$35 (40-45 lbs)**, Family Box **\$30 (30-35 lbs)**, Single Box/Senior **\$25 (20-25 lbs)**. The deadline for ordering the first Good Food Box this fall is Tuesday, September 19, at noon. Please submit your money (cash only) to the Church Office when ordering. Please note that an order can only be placed when we have 5 or more boxes ordered. If you have any questions, please call the office. Thank you!

New Initiatives here at Wild Rose

A lot has been going on since June. If you are a regular attender, you might already know of most of these developments. If you are a newcomer, or if you've been away for a while, here is a list of new staff and their roles here:

Barbara Grant (barbara@wildroseunited.ca). Barbara joined us in April, and will stay for a year, working as a Spiritual Health practitioner. She has also been instrumental in helping develop the Wellness Centre concept (see below for details of that). Barbara is available to help members and friends with questions about their spiritual health. She has been making a large contribution to our congregational life.

Wayne Lewry (mollyrob48@hotmail.com). Pastor Wayne is an honorary associate here at Wild Rose. He has developed a new recovery ministry here, called "Celebrate Life Recovery," running on Saturday nights. This ministry is designed for those who are in recovery from addiction issues, including but not limited to alcohol. Wayne comes to us with 26 years of experience at Central United as a key member of their ministry team. We are pleased that Wayne has agreed to join us here. You can expect to see Wayne, his wife Marilyn, his son David, and David's partner, Heather Morigeau. We encourage WRUC folk to come and check out the Celebrate Life Recovery services.

David Lewry (david@davidlewry.com). David has been working with Pastor Wayne on the healing ministry, and has his professional practice in recovery ministry.

Kenneth (Ken) Whiting (ordained student, kwhitin@uwo.ca). Ken hails from Ontario. Seeking eventually a full-time position in a congregation, he will join us for eight months as he completes the final requirements for his ordination. He will be preaching and undertaking a number of specific projects during his time with us. His biography is included elsewhere in this newsletter. We are excited to be welcoming Ken in our midst as he brings new energies and new insights and practices about ministry.

Mona Smart (diaconal student, monalynnesmart@gmail.com). Mona, one of our members, has been out of the country for several years, accompanying her husband while he works overseas. Towards the end of September, Mona will rejoin us and devote the coming year to projects in the area of social justice. She writes: "Looking at the United Church of Canada website and the Anti-Poverty Action pages, there are various congregations across Canada involved in many local anti-poverty initiatives that fall within the broad Bread not Stones mandate. (As part of their anti-poverty work, some congregations are supporting schools in the way WRUC has supported Crescent Heights.) Since the Bread not Stones campaign appears to operate as an umbrella term for a wide range of anti-poverty activities and initiatives, my thought was to work with WRUC and the Outreach Committee as well as those at Calgary Presbytery involved in anti-poverty work. As to the specifics of this work I am going to let the Spirit guide me. So, in short, my social justice CCS placement involves WRUC and not a specific agency."

Wellness Centre and Partners

We hope that by now most people will have heard about the Wellness Centre idea for Wild Rose. In essence, Wild Rose is seeking to develop a new identity while partnering with community members who specialize in wellness. We are doing this to enhance and strengthen our sacred space (church and its worship heart) with new revenue streams that will also increase our profile in the community.

One of the key first steps: we are partnering with the Primary Care Network on a one-year pilot project. The PCN has hired two staff who will work out of WRUC. One is a Community Support Worker; the other is a Dietitian. At no cost, individuals can make appointments to see these PCN staff. For more information visit <https://cfpcn.ca/>

We have also been exploring the idea of having other "Wellness Centre partners" who might offer specific services here at the church, and thereby contribute to the church's finances.

This newsletter article is complemented by a weekly email, Community Contact, that gives up-to-the-minute news. To subscribe, please send a note to kim@wildroseunited.ca. She will be happy to put you on the email list.

Administration and Physical Space

Jane has had the opportunity over the summer to work on some special projects including organizing files and minutes, revising the bulletin format, and reviewing rental agreements and office procedures. She has supervised our Canada Summer Jobs student, Emily, and the Alberta Jobs Corp painting work. In addition she has been supporting the new Wellness Centre and rental partners as they move in and get set-up and operating in their spaces. The groups include Wayne Lewry's Celebrate Life Service, Primary Care Network, Ballet Classique Methusela, and Alcoholics Anonymous. Alberta Job Corps (AJC): The freshly painted walls in Wild Rose Hall testify to the presence of a hard-working group of painters employed by AJC. The church has also been refreshed in a number of other locations including the new Youth Room, Ballet Room (old Youth Room), and Brown Door stairwell) and really looks great!

Celebrate Life Recovery

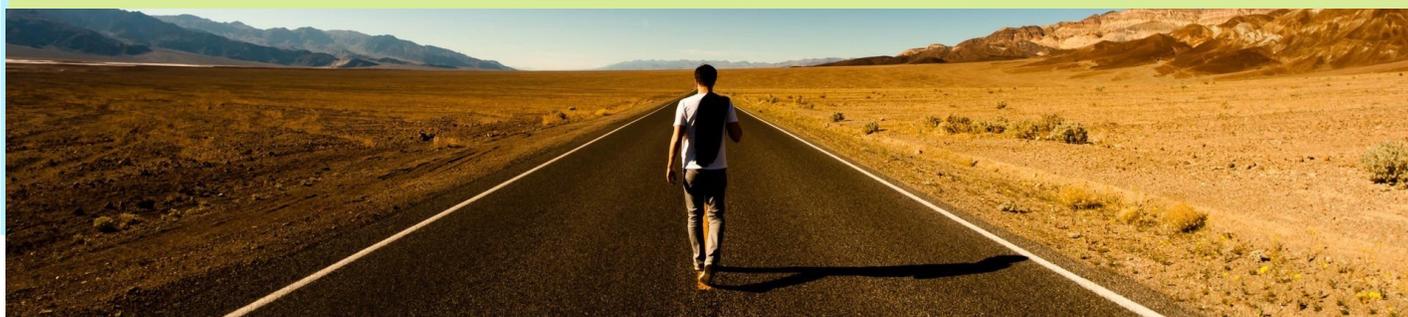
Every Saturday evening from 5:00-6:00 pm

With open arms and hearts, the volunteers and staff at Wild Rose United Church's Celebrate Life Recovery service led by Pastor Wayne Lewry wish you happiness and health, peace and compassion. We want to invite anyone looking for an inclusive, loving and ever growing community of recovery to join us Saturday evenings at 5pm. There will be raucous music so if you're in the mood to celebrate come on out! Wild Rose United Church provides a safe, loving space where people can travel their spiritual journey at their own pace and in their own way. As you walk towards the beautiful, inviting structure you may recognize the signs and symbols of peace, love, acceptance, and tolerance before anyone has a chance to say hello. The volunteers, staff and trusted servants are humans, who just happen to believe in something greater than themselves. This power has not only reshaped our lives, but has taken many from the brink of tragedy and demoralization.

To use the famous words of Dr. Bob, we don't want to louse a good thing up, instead we'll keep it simple...

We are a service of people helping other people because we all recognize that's what was intended. All are welcome." For more information contact Pastor Wayne at pastorwayne@wildroseunited.ca

David Lewry will be running Pathway to Freedom September 29-October 1 and November 24-26, 2017.



Right Relations Circle

Greetings! We are new to Wild Rose United Church and wanted this chance to introduce ourselves! You already know many of us. We sit beside you in the pews of Wild Rose and we, along with some other interested folks, have begun a journey. We are a diverse group of individuals who have come together, trying to live out the "Calls to Action" stemming from the Truth and Reconciliation Commission report. Our circle is striving to understand our painful past and move forward into respectful relationships with Indigenous peoples. We have just begun. Our understanding and our experiences are varied, but we have a common desire to learn about each other and about the First Peoples who welcomed many of our families to this land. We hope to share stories, activities and events that will help us all to live together in Right Relations. Come and join us on this journey as we learn and love together.

Here are just a few upcoming events.



- Making Treaty 7: Finding Common Ground Art Exhibit
August 2- October 11, 2017 Esker Foundation
- Blanket Exercise
September 23, 2017 1:00-5:00 St. Thomas United Church
- Treaty Day
September 24, 2017 Fort Calgary
- "We Were Children" A 2012 National Film Board Documentary, with special guest Marilyn Shingoose, a part of the Intellectual Wellness series sponsored by Spiritual Health.
October 4, 2017 Wild Rose United Church



Music News - September 2017

September means that most of our worship activities and ensembles resume after a well-deserved summer hiatus! We look forward to rehearsing and leading in worship and strongly encourage you to join the following:

Belles of Wild Rose - rehearses Tuesday evenings in the sanctuary, leads in worship every two to three months, and also performs in the community from time to time. If bell ringing is your thing contact Lynn Piechotta (applepie2@shaw.ca). Start date September 26.

Praise Band - rehearses twice (Monday evening and Saturday morning) before leading worship the last Sunday of each month. If learning and performing contemporary Christian music in a small ensemble appeals to you contact Meagan Kelln (mrkelln@gmail.com).

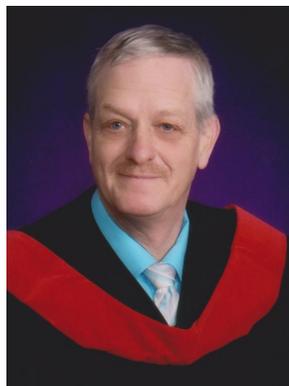
Choir - rehearses Thursday evenings and leads worship on Sundays. The choir also takes part in Twelfth Night and Good Friday special services with neighbourhood church choirs. The choir performs a variety of music. It has need of singers - men and women - so if leading in worship with a great family of singers is your thing, contact Carle Duguid (carle.duguid@gmail.com) or 403-477-0997.

Special Music - if you have special musical gifts you would like to share with the congregation on Sunday from time to time contact Carle Duguid (carle.duguid@gmail.com). Wild Rose is fortunate in having many members with great gifts - vocal and instrumental - that provide special additions to our rich worship experience.

Looking forward to another wonderful year of music!

Carle Duguid (403-477-0997)

Welcome Ken Whiting to our Ministry Team



My ministerial work began in 2003. At that time, I was with the Anglican Church of Canada. I began studying towards my M.Div. at Huron University College that year.

My ministry was very ecumenical right from the start. From 2003-2010 I spearheaded a Vacation Bible Camp along with the local United church, and for the last 2 years of this we had the local Pentecostal Church join us. I am also active in other ecumenical projects with other local churches, that include fundraising projects for Big Brothers and Big Sisters, and (I am still active with) the Granton Growing Project for the Canada Food Grains Project.

Outreach and Mission are important ministries for me. I have more recently led two youth mission trips to the Dominican Republic. In 2014 and 2016 I took groups of local youths to the Dominican Republic, where we built one school and two adult vocational centres. We also hosted several medical clinics for the locals. In addition, we took the youth into some of the Barrios and Bateys to see the level of poverty that many of these people live with. The trips were a lifechanging experience for these youth.

In 2011, I transferred to the United Church of Canada. I completed my M.Div. at Huron College in 2016, but I also had to complete a number of additional courses at Emmanuel College.

From 2012-2014 I worked as a chaplain in a local retirement home. I did regular visits with residents and conducted weekly worship. From 2015 to present I have been an active member of the pastoral care team at Villages United Church in Granton, Ontario.

This past summer I completed a 400 hour Clinical Pastoral Education Unit at the Centre for Addictions and Mental Health in Toronto. This has opened me to the needs of the mental health care field.

I have been conducting regular pulpit supply since 2003, first in the Anglican Church and the past 5 years in the United Church of Canada.

I am looking forward to joining Wild Rose United Church for the next 8 months and looking forward to the new ministries that this will bring for both of us.

Find your place at Wild Rose: Watch for more information about the work being done by Wild Rose members like YOU! We will be starting to include short write-ups such as the one below in our weekly Community Contact under the title: Find Your Place at Wild Rose. The objective is to keep you informed about what is going on in your church, identify the various groups, and give everyone a chance to participate where they may feel



a call. All committees and petal groups have been, or will be, contacted for input.

Breakfast Bags

*One of the successful ways Wild Rose has supported the students at Crescent Heights High School over the years is the **Breakfast Bags** project. On the first Wednesday of every month, a group of dedicated volunteers meets at the church to put together 150 bags, containing a juice box, cheese and crackers, a granola bar and sometimes a piece of fruit. The supplies are provided through the Outreach Committee. Through her school staff contact, Marg Ferguson lets the school know when the bags will be ready, and the school arranges for pick-up. Six Wild Rose volunteers spend 30-40 minutes per month on this job, and their work results in many happy students, more ready to tackle a day of work. If you are interested in helping, please call Marg Ferguson at 403-275-1745.*

WATCH OUT for write ups on the following committees. If you can't wait ... contact Jane in the office and she will provide you with a full description.

- | | |
|---------------------------|-----------------------------|
| * Communication Committee | * Pastoral Care |
| * Board of Trustees | * Homebound Ministry |
| * Congregational Life | * Senior Residence Ministry |
| * Women's Retreat | * Wild Drivers |
| * Breakfast Bags | * Links of Love |
| * Duty of Care | * Card Ministry |
| * Finance Committee | * Worship Committee |
| * Stewardship | * Music |
| * Hospitality | * Choir |
| * Ministry and Personnel | * Ushers |
| * Outreach | * Official Board |
| * Affirming | |
| * Right Relations | |

Board, Committees, Foundations and Working Groups*

Board of Trustees	Co-Chairs: Charles Moore and David Orman; Judy Bergeson, Brian Cooke, George Waite, Murray Younger, Bev Walker
Wild Rose Foundation	Chair: Charles Moore; Marlene Cole, David Livingston, Dora DiLullo-Patten, Gary Befus, Brian Cooke, Gordon Plaxton, Bev Walker
Executive	Chair: Dora DiLullo-Patten; Secretary: Barb Green, Treasurer: Don McIntosh
Duty of Care	Kathleen Hartwell
Hospitality	Chair: Pat Kinsella; Kathy Walling, Shirley Costley, Ollie Samoil
Finance (including rental contracts, fundraising)	Secretary Treasurer: Don McIntosh; Charles Moore, Rod Little, Murray Younger, Murray McQueen, Wendy LaSalle, Dave Ormon,
Stewardship	Don McIntosh (Chair); Judy Bergeson
Worship	Chair: Nevone McIntosh; Ruth Peach, Allison Bobenic, Helen DuWors, Eileen Hartman, Jean Fraser, Neal Whiting, Geoffrey Simmins
Outreach and Community Engagement (including Coffee Shop, Right Relations and Affirming)	Chair: Dora DiLullo-Patten; Holly Sangster Jim Sangster, Joan Myles, Isabella Haynes, Lana Skauge, Janice Clark, Jean Blackstock, Noemi Flores, Barb Green, Betty Taylor
Crescent Heights Breakfast Program	Marg Ferguson (Lead), Cory Hall, Karen Owen, Cam Petrie, Marj Watson, Donna Reed, Mary-Lyle McPhail
Communication	Co-Chairs: Marian Jerred and Kathleen Tumack; Caryn Salageanu, Kim Holmes-Younger, Jane Wittstock
Archives and Memorial	Chair: Eileen Hartman; George Waite, Jane Wittstock
Pastoral Care (including Card Ministry, Wild Drivers, Home Bound Ministry, Links of Love and Senior Residence Worship Service Team)	Barbara Grant, Geoffrey Simmins
Congregational Life	Katie Black, Eileen Hartman, Meagan Kelln, Caryn Salageanu, Catlin Horbeck
Property and Faculties	Chair: Empty; Gordon Plaxton, Elwood Kinsella, Jack Hill, Don McIntosh, Martin Hass, Murray Lethbridge, Bill Aitken, Jane Wittstock
Ministry and Personnel	Chair: Judy Bergeson; Verna Smith, Beverley Moore, Bev Walker

*Please note this is a working document subject to change